

Vegan pratos sem ingredientes de origem animal  
Vegan dishes containing no animal products

Picante  
Spicy

# À TERRA

PRAIA VERDE

ALMOÇO · LUNCH

PARA COMEÇAR  
*TO START*

Couvert À TERRA

€2.50

Sopa de batata doce e gengibre

Sweet potato soup and ginger

€6

Creme de couve flor, pesto e ervas frescas

Cauliflower soup, pesto and fresh herbs

€6 

Salada de queijo de cabra figos  
e balsâmico velho

Goat cheese salad, figs and aged balsamic

€12

Tradicional salada Caesar

Classic Caesar salad

€15

Salada de beterraba marinada,  
salmão e agrião

Marinated beetroot salad, salmon and watercress

€14

Carpaccio de polvo, rebentos e aioli

Octopus carpaccio, sprouts and aioli

€14

Burrata com salada de tomate do Algarve

Burrata with Algarve tomato salad

€11

As nossas amêijoas salteadas  
com coentros e gengibre

Our sauteed clams with coriander and ginger

250GR / €18

Camarão na frigideira com coco e coentros

Pan seared shrimp with coconut and coriander

€16 

## PRINCIPAIS

### MAIN

**Prego do lombo, mostarda em grão e rúcula**

Sirloin steak sanduiche,  
whole grain mustard and arugula

**€22**

**O nosso hambúrguer de novilho**

Our veal burger

**€20**

**Bacalhau à Lagareiro**

Codfish Lagareiro style

**€22**

**Franguinho do campo no forno a lenha**

Oven roasted free-range chicken

**€19**

**Tagliateli de camarão, bisque e manjeriço**

Shrimp tagliateli, bisque and basil

**€21**

**Esparguete carbonara**

Spaghetti carbonara

**€14**

## ACOMPANHAMENTOS

### SIDES

**Batata frita steakhouse**

Steakhouse french fries

**€3.50**

**Wedges de batata doce no forno**

Oven sweet potato wedges

**€3.50**

**Salada de tomate e orégãos**

Tomato and oregano salad

**€3.50**

## PIZZAS

### Margherita

Molho de tomate, mozzarella, tomate cherry e manjeriçã fresco

Tomato sauce, mozzarella, cherry tomato and fresh basil

€9

### Rustic

Molho de tomate mozzarella, cogumelos e fiambre

Tomato sauce, mozzarella, mushrooms, and ham

€11

### Prosciutto

Molho de tomate, mozzarella, azeitonas, rúcula e presunto

Tomato sauce, mozzarella, olives, arugula and prosciutto

€12

### Salmon Bianca

Queijo creme, salmão fumado, rúcula e mozzarella fresca

Cream cheese, smoked salmon, arugula and fresh mozzarella

€13

### Vegetarian

Molho de tomate, mozzarella, legumes marinados e ervas frescas

Tomato sauce, mozzarella, vegetables and fresh herbs

€11

### Pepperoni

Molho de tomate, mozzarella, peperoni, chili e ovo

Tomato sauce, mozzarella, pepperoni, chilli and egg

€14